

# MASTERING THE ART OF MOMENTUM

## The secret to achieving effortless and enduring growth

We all love being on a roll, in the zone and firing on all cylinders - that flow-state sensation where everything just seems to work.

But what happens when the groove becomes a rut, inspiration evaporates or your mojo disappears?

Enduring success and growth for any business today is dependent on building and maintaining unstoppable momentum.

### SESSION OVERVIEW

IN THIS PRACTICAL & INSPIRING KEYNOTE PRESENTATION, AUDIENCES DISCOVER:

- 01 The ART and SCIENCE of momentum - where momentum comes from and why it makes all the difference when you've got it working for you
- 02 A PRACTICAL and POWERFUL FORMULA for building momentum individually or in a team
- 03 How to get into a FLOW STATE of PEAK PRODUCTIVITY on a daily basis
- 04 The role that FOCUS and CONSISTENCY play in ensuring a GROOVE doesn't become a RUT over time

Audience members will leave this presentation with a clear action plan for achieving effortless growth and maintaining it over the long haul.

MASTERING THE ART OF MOMENTUM is an ideal stand-alone conference keynote or an extended half or full day program.

“ As a leader, Michael's message on Momentum is very relevant.

PRICEWATERHOUSECOOPERS



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“ Michael was rated as the highlight of our 2-day conference.  
VANGUARD INVESTMENTS

“ Michael is an incredibly engaging and well-researched speaker.  
LAING & SIMMONS

